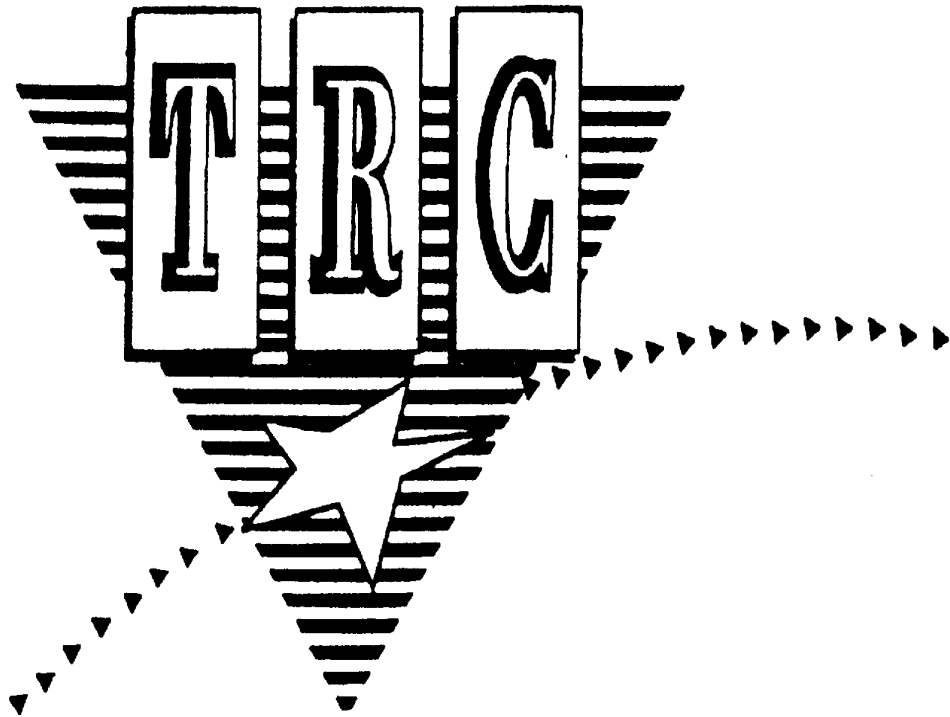


**MONTGOMERY THERAPEUTIC
RECREATION CENTER
SPRING AFTER-SCHOOL BROCHURE
January 2, 2018 - May 31, 2018**

TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!



“THE BENEFITS ARE ENDLESS”

GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday and Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

City Holidays: The TRC will be closed the following holidays:

MLK Holiday - Mon, January 15, 2018 President's Day - Mon, February 19, 2018
Memorial Day - Mon, May 28, 2018

REGISTRATION NOTES

1. Registration for Spring semester is Saturday, December 2, 2017 from 9:00am - 12:00pm and Monday, December 4, 2017 through Friday, December 8, 2017 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. *Fees are nonrefundable!*
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

Personal Belongings: The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones and other items of value to the center.



New Program Symbol: When you see this symbol in the brochure it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

ADULT DAY PROGRAM

MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, music, swimming, computer activities and much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.

Time:.....8:00am - 3:00pm

Ages:.....21 years and older

Contact:.....Wendy Dobbs

PEDIATRIC PROGRAM

Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:..... Fri.

Time:.....10:30am - 12:00pm

Limit:.....4

Ages:.....2 - 5 years of age

Contact:.....Wendy Dobbs

PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON ALL ITEMS BROUGHT TO TRC TO ASSIST MTRC STAFF WITH LOST ITEMS, (EX. HATS, GLOVES, COATS, TOWEL, BOOK BAGS, ETC.)

Please be mindful that all after-school programs are scheduled from 4:00-5:00 pm.
Please do not pick your child up early unless you have notified TRC staff. Multiple early pick ups will result in a warning letter and eventual termination from programs.

PLEASE BE MINDFUL WHEN REGISTERING YOUR CHILD OF THE DATES OF THE SPECIAL EVENTS TO ENSURE THAT YOU DON'T REGISTER YOUR CHILD FOR TWO EVENTS ON THE SAME DAY.

LATE FEES

Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late. The grace period has been extended by 5 min. You now have 20 minutes. For every minute that you are late \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.

HAVE A SAFE AND HAPPY SPRING BREAK! FROM THE STAFF AND MANAGEMENT AT THE MONTGOMERY THERAPEUTIC RECREATION CENTER.

PARENT INFORMATION



TRANSPORTATION REMINDER

IT IS VITAL THAT WE KNOW IF YOUR

CHILD WILL NOT BE IN SCHOOL.

**BE SURE TO CALL MTRC EACH DAY YOUR CHILD
WILL BE ABSENT FROM AN AFTER-SCHOOL
PROGRAM TO HELP US FACILITATE OUR
TRANSPORTATION PROGRAM.**

**FAILURE TO NOTIFY THE MTRC THREE TIMES IN A
SEMESTER MAY RESULT IN SUSPENSION OF YOUR
CHILD BEING TRANSPORTED BY MTRC. PLEASE
CALL 334-240-4595 IF YOUR CHILD WILL
NOT BE ATTENDING MTRC .**

IN ORDER TO ENSURE TRANSPORTATION FOR YOUR CHILD FROM SCHOOL, PLEASE FILL OUT SCHOOL AND DAYS ACCURATELY WHEN REGISTERING. REGISTRATION FORMS AND FEES MUST BE TURNED IN AND PAID BY DECEMBER 8, 2017. PLEASE COMMUNICATE WITH YOUR CHILD'S SCHOOL / TEACHER IN REGARDS TO TRANSPORTATION AND WHAT DAYS TRC WILL PICK UP YOUR CHILD.

ATTENTION PARENTS

PLEASE REGISTER YOUR CHILD FOR THE APPROPRIATE PROGRAM AND LEVEL. PROGRAMS ARE LISTED AS LEVEL I, II, III, OR ALL LEVELS. IF THERE IS NOT A LEVEL THAT PROGRAM IS AVAILABLE FOR ALL LEVELS. IF YOU REGISTER YOUR CHILD IN A CLASS THAT IS NOT APPROPRIATE FOR THEIR LEVEL THEY WILL BE TAKEN OUT OF THE CLASS. BECAUSE OF LIMITED CLASS SIZE WE MAY NOT BE ABLE TO PUT YOUR CHILD IN AN OTHER PROGRAM. IF YOU ARE UNSURE OF YOUR CHILD'S LEVEL, CONTACT AARON COLE, AT 334.240.4595, BEFORE REGISTRATION.



MTRC Tiger Basketball

It's time to gear up for some basketball! We are preparing for our upcoming season. We will focus on defense, shooting, ball handling and sportsmanship. Come join us!!! *Program will not meet Jan. 15, Feb., 19, Mar. 12, 16, 30, Apr. 13.*

Day:.....Mon. & Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....13 and up
 Limit:.....20
 Contact:.....Aaron Cole

Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard. The team has a parent support group that meets the second Thursday of each month. *Program will not meet Feb. 8, 20, March 13, 15.*

Days:.....Tues. & Thurs.
 Time:.....

Adult Swimmers.....2:00 - 3:30pm
 After-school.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....9 years and older
 Limit:.....20
 Contact:.....Ralph Evans

TRC Easy Riders

TRC Easy Riders are getting ready for Spring semester. The riders will continue to work on skills needed to compete in scheduled horseshows and the Alabama Olympic State Games.

Program will not meet Feb. 8, 20, Mar. 13, 15.

Days:.....Tues. & Thurs.
 Time:.....2:00 - 3:30pm
4:00 - 5:00pm
 Level:.....II, III
 Limit:.....5 for each time slot
 Cost:.....\$150.00 or monthly installments of \$30.00
 Contact:.....Ralph Chrishon

Strikers

Striker's bowling team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes. *Pick up for all Strikers will be at Bama Lanes. Program will not meet Mar. 16, 30, Apr. 13*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....15
 Cost:.....\$67.50
 Contact:.....Kenny Gunn

MTRC Tiger Golf

MTRC is proud to continue this new and exciting golf program in conjunction with LEO Golf Academy. Golf enthusiast Quincy Leonard will be teaching basic fundamentals of golf and preparing us for Special Olympics. Golf lessons will be held at Gateway Golf Course and in the event of inclement weather, lessons will be held at MTRC. Increase in fee due to balls being provided weekly @ Gateway. *Program will not meet Mar. 14.*

Day:.....Wed. & Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Age:.....13 and up
 Limit:.....6
 Cost.....\$205.00 or \$41 per month
 Contact:.....Aaron Cole

It is mandatory that your child bring his/her swimming attire for their swimming program that they are registered for. A letter will be sent home each time a child doesn't have their attire. After 3 times without swim attire the child will be removed from that day's swimming program for the rest of the semester.

ADAPTIVE SPORTS

MTRC Bocce Team

Let's have a ball together! BOCCE is an Italian lawn game that's fun for everyone. We're putting together a team to participate in tournaments and special Olympics. We will be playing regulation games. This is an ongoing sport. Participants will be expected to participate Spring and Fall Semesters in order to train for state. *Program will not meet Mar. 16, 30, Apr. 13.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....8 years and up
 Limit:.....8
 Contact:.....Aaron Cole

PLEASE DRESS YOUR CHILD APPROPRIATELY FOR THE CLASSES THAT THEY ARE REGISTERED FOR.

Please be mindful when registering, that the following programs are scheduled for two days a week to avoid registering your child for two classes on the same day.

- MTRC Golf**
- Blue Marlins**
- Easy Riders**
- MTRC Tiger Basketball**

TRC AFTER-SCHOOL PROGRAMS

TRC LEVEL PROGRAM

Before Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2016 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club please call the contact person for that program. If parents have questions about our process please call Wendy Dobbs.

MONDAY

Jag Girls We will continue to work on building character and provide activities that foster a positive self image. These classes include special guest speakers, outings, birthday celebrations and craft time. We will also have cooking demonstrations, educational outings and dinner together. We will have outings on Mondays and some on the weekend. **Parents, caregivers and group home staff are responsible for dinners each week to feed 30 people. If you cannot provide dinner on your assigned day a 24 hour notice must be given. Participants may not be dropped off for this program until 5:00pm. Program will not meet Jan. 15, Feb. 19, Mar. 12.**

Day:..... Mon.
 Time:..... 5:00 - 7:00pm
 Level:.....II, III
 Age:..... 25 years and up
 Limit:.....22
 Cost:.....\$30.00 annual dues
 Contact:.....Michelle Glass

Craft Fever Do you have the craft fever? Then this class is for you. There will be a variety of craft projects that will be created. All you need is an imagination to design. Your projects will be featured at the Alabama National State Fair. **Program will not meet Jan. 15, Feb. 19, Mar. 12.**
 Day:.....Mon.

Time:.....4:00 - 5:00pm
 Level:.....III
 Age:.....12 and older
 Limit:.....10
 Cost:.....\$10.00
 Contact:.....Pamla Tilghman

After-School Splash This after-school program consists of a small group given time for water play and exploration. There will be some fundamentals of water skills introduced and structured activities in the water. Parents are encouraged to join their children for this program. **It is mandatory that proper swim attire is worn for this class every week. Program will not meet Jan. 15, Feb. 19, Mar. 12.**

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....I
 Limit:.....8
 Contact:.....Jeffery Barlow

IF YOU WANT TO JOIN THE MTRC BLUE MARLINS, CONTACT RALPH EVANS. THE CRITERIA IS YOU MUST BE ABLE TO SWIM THE LENGTH OF THE POOL AND MUST BE ABLE TO EFFECTIVELY USE ANY TWO STROKES, BACKSTROKE,

TRC Round Up Join us and learn basic skill you need for horseback riding. This class will help you with your balance, muscle tone, posture, coordination and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor. **Program will not meet Jan. 15, Feb. 19, Mar. 12.**

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....6
 Cost:.....\$30.00
 Contact:.....Ralph Chrishon

Ready to Relax Come and relax with us! Are you stressed? Sometimes having trouble staying calm? Yoga, breathing exercises, relaxation techniques and more will be taught in this class each week. The focus will be on decreasing stress, improving coordination, strength, flexibility and teaching participants to be more adaptive on decision making. **Program will not meet Jan. 15, Feb. 19, Mar. 12.**

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....I, II
 Limit:.....12
 Cost:.....\$10.00
 Contact:.....Aaron Cole

TRC AFTER-SCHOOL PROGRAMS

Sensory Creation This fun class will focus on creating pieces that improve participants cognitive thinking, sequencing skill, language development and more. Sensory Creations will include tactile objects for manipulating sensory clay pieces to improve decision making skills and so much more. *Program will not meet Jan. 15, Feb. 19, Mar. 12.*

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:..... I
 Limit:.....10
 Cost:.....\$20.00
 Contact:.....Katie Johnson

TUESDAY

Green Thumb Garden Club

Have a green thumb? Do you mind getting your hands dirty? Come learn how to grow vegetables, flowers and house plants. See what it takes to care for a garden. *Program will not meet Feb. 20, Mar. 13.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....12 years and older
 Limit:.....10
 Contact:.....Pamla Tilghman

Gentlemen's Club

Attention! We are looking for eager males who are wanting to become the finest gentlemen that they can be. This program's focus will be building the qualities and characteristics that truly define what it is to be considered a distinguished gentleman. *Program will not meet Feb. 20, Mar. 13.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Limit:.....15
 Cost:.....\$25.00
 Contact:.....Edward Woods

Let's Talk About It This program is for teens and young adults who are having trouble expressing their thoughts and feelings. This program is only a pro-


gram to encourage self-confidence, self-control and to offer a forum and opportunity to participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds. Participants must have verbal skills to participate in this class. *Program will not meet Feb. 20, Mar. 13.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:..... III
 Limit:.....10
 Age:.....Must be 16 and older
 Contact:.....Joye Bigelow

Games Galore Participants will engage in a variety of fun groups games. Participants will be divided into smaller groups and games will be played in 15-30 min. rotations. Games included during this time will be the ga-ga ball pit, darts, board games, puzzles, word games flashcards and some minute to win it games. This program will offer a new opportunity for some friendly competition. *Program will not meet Feb. 20, Mar. 13.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....16
 Cost:.....\$10.00
 Contact:.....Brad Ellis

MTRC Jr's

 Come learn and be introduced to a wide range of adapted sports. This new program will provide opportunities for all skill levels with a goal to participate in future Special Olympic related tournaments. Come reap the benefits of sports and recreation while maximizing your potential. *Program will not meet Feb. 20, Mar. 13.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....I, II
 Limit:.....12
 Contact:.....Kenny Gunn

WEDNESDAY

Let's Go Swimming This is a learn to swim program. Participants will learn to tread water, enter and exit the pool without assistance, fundamentals of swimming, freestyle and elementary backstroke. It is mandatory that proper swim attire is brought for this class every week. Participants must have been exposed to water activities prior to being register for this program. *Program will not meet Mar. 14.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....12
 Contact:.....Jeffery Barlow

What's Cooking TRC?

Cooking in the kitchen with the K's at TRC! This program is designed for cooking simple salads and desserts step by step which will enable our participants to become more independent in the kitchen. At the end of the semester the participants will prepare meals that will be fundamental recipes in their repertoire. *Program will not meet Mar. 14.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....15
 Age:.....12 years and up
 Cost:.....\$45.00
 Contact:.....Kenny Gunn

Music Matters

This will be an introduction to music skills class taught by Mrs. Gene Davis. The class will include singing, rhythm instruments and hand bells. *Program will not meet Mar. 14.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....8
 Cost:.....\$20.00
 Contact:.....Wendy Dobbs

TRC AFTER-SCHOOL PROGRAMS

TRC Drama Club This is the time to sign up for the Drama Production for 2018. If interested in dancing, acting or you have a talent that can be showcased than this is the club for you. Just remember when you sign up you are obligated to participate in the Fall 2018 production. *Program will not meet Mar. 14.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....12 years and older
Limit:.....10
Contact:Pamla Tilghman/Michelle Glass

Giddy Up We are going to giddy up and enjoy the therapeutic movement of a horse. No riding skills will be taught in this class. We will have a great time playing games while feeling the movement of the horse. We will also pet, groom and give the horses treats. *Program will not meet Mar. 14.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....8
Cost:.....\$40.00
Contact:.....Ralph Chrishon

MTRC Bookworms

This program is designed for those who enjoy reading and listening to stories. Each week participants will travel to various libraries. The program instructor and participants will read different books and discuss the theme behind the story. *Program will not meet Mar. 14.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....10
Cost:.....\$5.00
(For end of the semester pizza party)
Contact:.....Brad Ellis

THURSDAY

MTRC Dance If you love to dance then this is the class for you. We are taking our dance class in a new direction. We will dance till we drop with new music from all the fun and exciting artists. We will have fun, fun, fun! **Fee pays for new music equipment and end of semester party.** *Program will not meet Feb. 8, Mar. 15.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....15
Cost:.....\$10.00
Contact:.....Joye Bigelow



Drums Alive Drumtastic

Like Music? Like Exercise? Or do you just like having fun, well join our NEW exercise class. This is an evidence-based program that applies fitness, drumming, music, and educational concepts designed to improve the all around health of our participants. *Program will not meet Feb. 8, Mar. 15.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Cost:.....\$50.00
Contact:.....Katie Johnson

Sensory Fun Sensory Fun is devoted to providing sensory experiences for the participant We will use all five senses to explore new experiences and create fun craft projects. We will encourage participants to try new textures and work to expand their range of tactile experiences. This class will allow the student to explore and express in a calming environment. *Program will not meet Feb. 8, Mar. 15.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....10
Cost:.....\$20.00
Contact:.....Michelle Glass

Fun In the City

This program is filled with fun, games and activities. Individuals will go on community based outings and also travel to various playgrounds to visit. *Program will not meet Feb. 8, Mar. 15.*
Day:.....Thur.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Contact:.....Brad Ellis

Crafty Cooking This is a fun and crafty cooking class where participants will be creating food craft projects and enjoy eating them too! *Program will not meet Feb. 8, Mar. 15.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$45.00
Contact:.....Kristen Sellers

FRIDAY

MTRC Movie Theatre Do you enjoy action packed movies, while munching on popcorn and drinking soda? If this sounds good to you, then come join this fun group and watch a great movie. *Program will not meet Mar. 16, Mar. 30, Apr. 13.*
Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....20
Cost:.....\$20.00
Contact:.....Brad Ellis

THIS WAY FOR
INSTRUCTIONS ON
REGISTERING



This symbol represents a new class being offered.

Montgomery Matters

Montgomery Matters is TRC's own club that volunteers and collects donations for organizations. We make crafts and give back to our community. **Program will not meet Mar. 16, Mar. 30, Apr. 13.**

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Cost:.....\$20.00
Contact:.....Kristen Sellers

Literacy Fun

Reading is fundamental, as well as exciting. So join Literacy Fun to enhance your cognitive development and improve your imagination and creativity. This program will incorporate short stories that teach participants important information, and after each story we will discuss what we learned and create crafts that coincide with the stories.

Program will not meet Mar. 16, Mar. 30, Apr. 13.

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....12
Cost:.....\$20.00
Contact:.....Katie Johnson

Gallery Art

Join the Creative Arts Department and find your inner artist. Montgomery Museum of Fine arts is partnering with TRC! We will travel to the Museum several times during the semester, to view artwork and work on projects. Projects created in this class will be submitted to the Museum for a chance to be featured in selected student exhibits, as well a special MTRC exhibit in the future. **Program will not meet Mar. 16, Mar. 30, Apr. 13.**

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:..... II, III
Limit:.....6
Cost:.....\$40.00
Contact:Pam Tilghman/Michelle Glass

SPECIAL EVENTS

Spring Camporee

Enjoy a weekend with friends from all around the state participating in fun activities such as arts and crafts, games, swimming and much, much more. Don't miss out on this fun-filled weekend and get a chance to meet new friends and see old faces.

After-school programs are cancelled for this event.

Date & Time:.....TBA
Level:.....I, II, III
Age:.....14 & Older
Limit:.....18
Cost:.....TBA
Contact:.....Wendy Dobbs

Fun Fish Weekend

Are you an angler at heart? If so, don't miss out on this opportunity for a weekend of fishing fun! The motto for the weekend is Eat, Sleep, and Fish. Participants will fish Saturday morning and evening as well as Sunday morning to catch the last fish. In the past on Sat. night a banquet is held after dinner. On Sunday an awards ceremony will be held before heading back to TRC.

Date & Time:.....TBA
Level:.....II, III
Limit:.....6
Cost:.....TBA
Contact:.....Edward Woods

ASU Basketball Game

TRC is swarming with the Hornets Nest at Alabama State University. This semester we will be cheering on the mighty Hornets as they battle Prairie View A&M University. If you are interested in everything basketball come and enjoy this fun experience with us. Registration fee includes game tickets and food.

Date:.....Sat., January 27, 2018
Time:.....2:00 - 6:00pm
Level:.....I, II, III
Limit:.....15 (12 min.)
Cost:.....TBA
Contact:.....Katie Johnson

Valentine's Dance

Come in your Valentine colors of red, pink, white and purple and dance the night away. Enjoy good friends and good food. You may even find some sweets for a sweetie. **After-school programs are cancelled for this event.**

Date:.....Thurs., February 8, 2018
Time:.....7:00 - 9:00pm
Levels:.....I, II, III
Cost:.....\$5.00 per person
Contact:.....Pamla Tilghman

Montgomery Museum of Fine Art Black History

Concert

Come and enjoy a relaxing and cultural event hosted by the Montgomery Museum of Fine Arts. Local high school choirs will be performing beautiful renditions of classic spiritual's and gospel music passed down through history to us today.

Date:.....TBA
Time:.....TBA
Level:.....I, II, III
Limit.....15 (12 min.)
Cost:.....\$18.00
Contact:.....Katie Johnson

Lunch and a Movie

Join us as we go to New Vision Chantilly 13. We will watch the newest and latest movie out and then have lunch at Sweet Baby Jane's.

Date:.....Mon., March 12, 2018
Time:.....9:30am - 3:00pm
Level:.....I, II, III
Limit:.....18 (15 min.)
Cost:.....\$35.00
Contact:.....Brad Ellis

SPECIAL EVENTS CONT.

Peach Park Do you enjoy eating good food and spending time with good friends, well this is the one you don't want to miss. We are going to go and have a nice lunch, get some of the best dessert and have a good ole time.

Date:.....Tues., March 13, 2018
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....18 (15 min.)
Cost:.....\$20.00
Contact:.....Brad Ellis

Lunch and Bowl Do you

enjoy bowling and spending time with friends? Well this is the perfect event for you! Bring your bowling ball and let's spend the day at the bowling alley. We will also eat lunch at the bowling alley.

Date:.....Wed., March 14, 2018
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....18 (must have 15 min)
Cost:..... \$15.00
Contact:.....Brad Ellis

Road Trip to Dave & Buster's

Dave and Buster's is one of the perfect places for fun with family and friends. We will take a road trip to Marietta, GA to enjoy multiple video and arcade games. We will also enjoy an amazing lunch buffet with the Dave and Busters family and dinner on the way home.

Date:.....Thur., March 15, 2018
Time:.....7:30am-8:00pm
Level:.....II,III
Limit:.....15
Cost:.....\$60.00
Contact:.....Kenny Gunn

Jump Around at Next Level Trampoline Park

Are you ready to jump around with the MTRC family? We will travel to Birmingham, AL to visit Next Level, the ultimate extreme air experience! We'll enjoy different activities such as the ninja obstacle course, trampoline dodge ball, trampoline air dunk, foam pits and so much more! Fee also includes lunch at Chik Fil A. A liability form will be required for all participants.

Date:.....Fri., March 16, 2018
Time:.....9:00am-4:00pm

Level:.....I,II,III
Limit:.....15 (10 min.)
Cost:.....\$40
Contact:.....Kenny Gunn

Lion King at the BJCC

We all would love to go to New York to see a Broadway show, but Broadway is coming to the BJCC in Birmingham, so come go with us to witness an awesome performance of the Lion King. This is a wonderful experience for all ages. Many have never seen a play like this and this is your opportunity to get dinner and a show.

Date:.....Sun., March 25, 2018
Time:.....4:00 - 10:00pm
Level:.....I, II, III
Limit:.....10 (7 min.)
Cost:.....\$70.00
Contact:.....Katie Johnson

Hawks Overnight Getaway

Travel with us to Atlanta, GA to watch an NBA basketball game: The Atlanta Hawks vs. The Philadelphia 76ers at Philips Arena. Prior to the game the group will enjoy dinner at Steak-N-Shake. After the game the group will head to spend the night at Spring Hill Suites by Marriott in Newnan, GA. Complimentary breakfast is provided at the hotel. Lastly, this getaway extravaganza will make its last stop in Auburn, AL for lunch at Burger Fi. You don't want to miss out on this action!

Date: Fri., March 30-Sat., Apr. 1, 2018
Time:.....1:00pm Fri-2:30pm Sat.
Level:.....II,III
Limit:.....10
Cost:.....\$91
 2 payments of \$30 & 1 payment of \$31
Contact:.....Kenny Gunn

The Formal Enjoy an evening of elegance in your black and white attire.

The theme is "Magic Moments." Don't miss the crowning of the King and Queen as they take their royal walk. Photographer will be on site and remember to keep your ticket, you may be a winner. After-school programs are cancelled for this event.

Date:.....Friday, April 13, 2018
Time:.....7:00 - 9:00pm
Cost:.....\$5.00 per person
Contact:.....Pamla Tilghman

Walk for Autism TRC is excited to walk for a great cause. We will be joining the Autism Society of Alabama to help solve the puzzle of Autism Spectrum Disorder one step at a time! We want to support our friends and TRC family by honoring this beautiful cause. So sign up and come walk with us!

Date:.....TBA
Time:.....TBA
Level:.....I, II, III
Limit:.....18 (12 min.)
Cost:.....\$25.00
Contact:.....Katie Johnson

Down the Yellow Brick Road

Down the Yellow Brick Road is one of the Center's most ambitious original productions. Written by local actor/playwright Jerry Sims and adapted from L. Baum's book "The Wonderful Wizard of Oz." Down the Yellow Brick Road offers charming lessons on confidence, friendship and courage. This adaption features elaborate sets, fanciful costumes, special effects and local actors. This is a wonderful family show, and the audience participation is guaranteed to make this a performance to remember! This production will be performed at the Alys Stevens Center on UAB's Campus in Birmingham. Fee includes admission to the show and dinner at a local establishment.

Date:.....Sat., May 12, 2018
Time:.....12:00-8:00pm
Level:.....II, III
Limit:.....15(must have 12 min)
Cost:.....\$36.00
Contact:.....Pam Tilghman

TRC Awards Banquet

This is a very special evening, where we recognize all the after-school participants. TRC will provide the main dishes; we ask that each family bring a dessert for this event. After-school programs are cancelled for this event. This event will be held at TRC.

Date:.....Thurs., May 17, 2018
Time:.....6:00-8:00pm
Cost:.....FREE
Contact:.....Aaron Cole

ONLINE REGISTRATION

1. **Decide on programs: fill out registration form.**
2. **Enter www.montgomeryal.gov**
3. **Next place the cursor on “How Do I” at the top of screen.**
4. **A drop down menu will appear underneath the heading “register” click on Therapeutic Recreation Center.**
5. **The link to register will be on Therapeutic Recreation Center’s page.**
6. **Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.**

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for spring semester programs and participants wanting to register for the semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

What if I don't have a computer?

The MTRC will be open Sat., December 2, 2017 so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due *in full* by Friday, December 8, 2017, or your registration will be cancelled.

There will be a \$6.00 registration fee for all Spring programs.

SPRING 2018 REGISTRATION

Date _____

Name: _____

Home Phone: _____

Level: I II III

Parent/Guardian _____

Address _____

City: _____

State: _____ Zip: _____

Daytime Phone: _____

D.O.B. _____

E-mail Address _____ @ _____

Emergency Contact: _____

Emergency number: _____

Disability: _____

Directions: Please indicate the activities you/your child would like to attend this semester.

MONDAY

- ___ Jag Girls II, III
- ___ After-school Splash I
- ___ TRC Round-UP II, III
- ___ Craft Fever III
- ___ Tigers Basketball II, III
- ___ Ready to Relax I, II
- ___ Sensory Creations I

TUESDAY

- ___ Gentlemen's Club III
- ___ Green Thumb Garden Club II, III
- ___ Blue Marlin Swim Team II, III
- ___ Let's Talk About It III
- ___ Easy Riders II, III
- ___ Games Galore I, II, III
- ___ MTRC Jr's I, II

WEDNESDAY

- ___ MTRC Bookworms I, II, III
- ___ What's Cooking TRC? II, III
- ___ Giddy Up I
- ___ Let's Go Swimming II, III
- ___ TRC Drama Club III
- ___ Music Matters II, III
- ___ BOCCE II, III
- ___ MTRC Tiger Golf III

THURSDAY

- ___ Fun in the City II, III
- ___ MTRC Dance II, III
- ___ Sensory Fun I
- ___ Blue Marlin Swim Team II, III
- ___ Crafty Cooking I, II
- ___ Easy Riders II, III
- ___ Drums Alive II, III
- ___ MTRC Tiger Golf III
- ___ ASU Basketball I, II, III
- ___ Spring Camporee I, II, III
- ___ Fun Fish Weekend II, III
- ___ Valentine Dance I, II, III
- ___ Dave & Busters II, III

FRIDAY

- ___ Montgomery Matters II, III
- ___ Movie Theatre I, II, III
- ___ Strikers II, III
- ___ Tigers Basketball II, III
- ___ Literacy Fun I, II
- ___ Gallery Art II, III
- ___ Bocce II, III

DAY PROGRAMS

- ___ Day Program
- ___ Pediatric Program

SPECIAL EVENTS

- ___ Black History Concert I, II, III
- ___ Lunch and Movie I, II, III
- ___ Peach Park I, II, III
- ___ Lunch and Bowl I, II, III
- ___ Hawks Overnight II, III

- ___ Lion King BJCC I, II, III
- ___ Formal I, II, III
- ___ Walk for Autism I, II, III
- ___ Down the Yellow Brick Road II, III
- ___ TRC Awards Banquet I, II, III
- ___ Next Level I, II, III

WELLNESS

- | | | |
|-----------------------|-----------------------------|---------------------------------|
| ___ Open Lab | ___ Have it Your Way | ___ Wise Club |
| ___ One - On - One | ___ TRC Spec's | ___ That's what Friends Are For |
| ___ Energize Me | ___ Family Splash | ___ Simple Sewing |
| ___ On the Move | ___ Stretch - n - Tone | ___ The Wellness Slide |
| ___ Early Bird Series | ___ Land Exercise | ___ 9 Ball Billiards |
| ___ Aqua Zumba | ___ Individual Fitness Room | ___ Spring Meet & Greet |
| | ___ Potluck Brunch | ___ Pinterest Projects |

- Bargain Hunter's Club
- ___ Trip A Feb. 3, 2018
- ___ Trip B Apr. 21, 2018
- Wellness swim Lesson**
- ___ Session I
- ___ Session II
- ___ Session III

Method of payment: ___ Cash ___ Check # _____ Locker Fee _____ \$10.00 Locker # _____

Wellness Fee: _____ Late Fee: _____ \$5.00 Other Fee/s _____

Total Amount Due: \$ _____ Amount Received: \$ _____ Date Received: _____

Received By: _____ Receipt # _____ Receipt Given: ___ Yes ___ No

DATES TO REMEMBER

Sat., December 2, 2017.....	Spring Registration Begins
Fri., December 8, 2017.....	Spring Registration Ends
Mon., January 2, 2017.....	Spring Semester Begins
TBA.....	Spring Camporee
TBA.....	Fun Fish Weekend
Monday, January 8, 2018.....	After-school programs begin
Mon., January 15, 2018.....	MLK Holiday (TRC Closed)
Sat., Jan., 27, 2018.....	ASU Basketball Game
Thurs., February 8, 2018.....	Valentine Dance (After-school programs Cancelled)
Tues., Feb. 20, 2018.....	MPS School Development Day (After-school Programs Cancelled)
TBA.....	Montgomery Museum of fine Art's Black History Concert
Mon., February 19, 2018.....	President's Day (TRC Closed)
TBA.....	Hoop It Up (After-school programs Cancelled)
Mon., March 12 - Fri., March 16, 2018.....	Spring Break (No after-school programs)
Mon., March 12, 2018.....	Lunch and a Movie
Tues., March 13, 2018.....	Peach Park
Wed., March 14, 2018.....	Lunch and Bowl
Thurs., March 15, 2018.....	Road Trip to Dave & Busters
Fri., March 16, 2018.....	Jump Around at Next Levl Trampoline Park
Sun., March 25, 2018.....	Lion King at BJCC
Fri., March 30, 2018	Weather Day
TBA.....	Walk for Autism
Fri., April 13, 2018.....	The Formal (After-school programs Cancelled)
Wed., May 16, 2018.....	Last day of After-school programs
Thurs., May 17, 2018.....	Awards Banquet (After-school Programs Cancelled)
Sat., May 12, 2018.....	Down the Yellow Brick Road
Thurs., May 24, 2018.....	Last day of school
Fri.—Sun., May 18-20,	State Games (After-school Programs Cancelled)
Mon., May 28, 2018.....	Memorial Day (TRC Closed)
Wed., May 31, 2018.....	Spring Semester Ends

Montgomery Therapeutic Recreation Center

604 Augusta Street

Montgomery, Alabama

334.240.4595

City Officials

Todd Strange, Mayor

Michael Briddell, Director of Public Information & Extra Affairs

Leisure services

Rob Spivery, Director

Fredrick Thomas, CTRS, Superintendent of Recreation

Wendy Dobbs, CTRS, Director

Jeffery Barlow, Aquatics Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Michelle Glass, Asst. Creative Arts Coordinator

Edward Woods, General Recreation Instructor

Kristen Sellers, Aquatics Instructor

Katie Johnson, Transportation Coordinator

Gabriel Lewis, General Recreation Instructor

Kenny Gunn, General Recreation Instructor

Tasha Young, General Recreation Instructor

Candice Carnegie, General Recreation Instructor

Abigail Boeckh, Recreation Aide/Equestrian Instructor

Lytericka Gray, Custodian

Aaron Cole, Assistant Director

Joye Bigelow, Resource Lab Coordinator

Pamla Tilghman, Creative Arts Coordinator

Brad Ellis, General Recreation Instructor

DeCarlos Chrishon, Aquatics Instructor

Ralph Chrishon, General Recreation Instructor

Sampson Cotton, General Recreation Instructor

Bernard Burton, General Recreation Instructor

Lain Johnson, General Recreation Instructor

Deborah Duncan, Secretary

David William, Custodian

Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department