

# Introducing CareHere!



City of Montgomery, Alabama, employees, retirees, and dependents on the Health Plan are able to use the CareHere Health Center at **NO COST** to you.

## Primary Care Here

CareHere is a trusted healthcare organization skilled at delivering innovative, quality and cost-effective primary care. Through this new access you'll have care at the CareHere Health & Wellness Center facilities, you can receive treatment for both acute and chronic conditions, all at no cost to you.

Get care for your sore throat, a cold or the flu, and help with high blood pressure or diabetes. The CareHere Health & Wellness Centers dispense 150+ select generic medications and also provide annual physicals, health coaching, lab work, and much more.

The CareHere Health & Wellness Centers are more than just clinics, we're inspiring healthier futures and changing lives.

## Four Convenient Locations

300 S. Hull Street | Montgomery, AL 36104

PRIMARY CARE MON | 7:30 AM - 4:00 PM | TUES | 7:30 AM - 7:00 PM | WED | 7:30 AM - 4:00 PM  
THU | 7:30 AM - 4:00 PM | FRI | 7:30 AM - 4:00 PM | SAT | 7:00 AM - NOON  
LAB DRAW SAT | 7:00 AM - 11:00 AM

310 S. Hull Street | Montgomery, AL 36104

PRIMARY CARE MON | 7:30 AM - 12:30 PM | TUES | 8:00 AM - 5:00 PM  
WED | 7:30 AM - 5:00 PM | THU | 7:30 AM - 5:00 PM  
LAB DRAW FRI | 8:00 AM - NOON

Perry Hill Road Clinic | 3845 Interstate Court | Ste 1 | Montgomery, AL 36109

PRIMARY CARE MON | 7:30 AM - 5:00 PM | TUE | 7:30 AM - 5:00 PM | WED | 7:30 AM - 5:00 PM  
THU | 7:30 AM - 6:00 PM | FRI | 7:30 AM - 5:00 PM | SAT | 8:00 AM - 2:00 PM  
LAB DRAW MON | 7:30 AM - 11:00 AM | TUE | 7:30 AM - 11:30 AM | WED | 7:30 AM - 11:30 AM

Alliance Health Center | 2549 Bell Road | Montgomery, AL

THU | 8:00 AM - NOON

## Benefits

- No cost to you, no co-pays or deductibles for visits.
- No cost to you for on-site labs.
- No cost to you for select generic medications
- Certified Health Coaching at no cost to you
- Short or no time in a waiting room.
- Schedule appointments online with your computer, smartphone or tablet, or by calling our 24/7 help line.
- Private & secure, your records will not be shared with your employer or anyone else without your direction.



Learn more at [CareHere.com](https://www.CareHere.com)

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# CareHere!

# FAQ Frequently Asked Questions

## INNOVATIVE APPROACH TO CARE



CareHere provides high-quality care when you are sick. We care for ages 3 and up for acute visits, and ages 10 and up for chronic care. Your health center also has a team to inspire you to a better life with proactive and preventive services. CareHere providers, health coaches and staff will take the time to talk with you and understand your history. We'll work with you to provide you health and wellness tools and support designed to lower your risks and improve your health, and all at zero cost to eligible participants.

## MEDICATIONS

Your health centers dispense 150+ select generic medications. If you already take prescribed medication, we may have it available in our dispensary at no cost to you. Make an appointment to talk to the CareHere health center team today.

## 24/7 SUPPORT CENTER



We're always here to help you. 7 days a week call us at 877.423.1330. Schedule, re-schedule or cancel an appointment. Get help registering. Ask a question about your health center. Ask for the 24/7 Nurse Advice line. Let us know how we can serve you.

## PRIVATE & SECURE



Use of these health centers is voluntary and private. Just as your insurance carrier is required to shield your information, your CareHere records will never be shared with your employer or anyone else without your direction. Your information is protected by the federal Health Insurance Portability and Accountability Act (HIPAA).

## GET REGISTERED



Each eligible family member must be registered separately. Eligible patients can register by calling **877.423.1330** or follow these steps.

1. Go to **CareHere.com/Register** & click **Member Login**

2. Enter your **Access Code**

- CMTG6** Employees and their dependents
- CMATE5** (MAT) Montgomery Area Transit Employees
- CMRE9** Pre-65 Retirees and their dependents
- CMPR6** Post-65 Retirees and their dependents

3. Provide responses to all of the questions on the short health questionnaire, including Contact Data and Health and Behavioral Data.

## SCHEDULE AN APPOINTMENT



Once you register, schedule an appointment by calling **877.423.1330** or follow these steps:

1. Go to CareHere.com and click **Member Login**

2. Enter your **Username** and **Password** and click **Login**

3. Click **Appointments** in the green navigation bar on the left-hand side of the screen. Choose what type of appointment you need to schedule.

**Medical:** Sick visits, primary care, medication refills, physicals

**Nurse & Labs:** Blood work, vaccinations, blood pressure checks

**Health Coaching:** Coach meeting, complete Plan of Care, classes

4. Enter **When** you would like to make your appointment

5. Select **What** type of appointment you require

6. Select **Who** you would like to see

7. Select **Get Appointment**

8. Select an available appointment and then click **Make Appointment**

9. Enter any symptoms

10. Click **Confirm Your Appointment**

## SCHEDULE ANYWHERE

877.423.1330 | [CareHere.com](https://carehere.com) | **NEW CareHere App**

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